

Autumn 2018 – After School Activities

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.20-5.20pm		Year 8 and 9 Adventure – please sign up for activity for opposite week.			
Netball	Year 7-9 Netball (JH)	Year 10-13 Netball (JH)	FIXTURES	Senior Girls Open Sports (JH)	Year 10 – 13 Basketball (DO)
Hockey	Year 10-13 Girls Hockey (DR)	Year 10-13 Boys Hockey (DR)		Year 7-9 Girls Hockey (DR)	Year 7-9 Boys Hockey (DR)
Football	Year 7-9 Football (CF)	Table Tennis (CF)		Year 10-13 Football (CF)	Girls Open Football (CF)
Sixth Form Sports Assistant					
Other sports	<p>Bodyweight Suspension training. Max £12.50 per session (max 10)</p> <p>Gym session – (SK) to supervise</p>	<p>Year 8-9 on adventure every other week but can sign up for another activity on the other week.</p> <p>Yoga (IC)</p> <p>Gym session – (CHu)</p>	<p>Dance – (ES)</p> <p>HIT Keep Fit (EV)</p> <p>Cross Country Running (SR/TM)</p>	<p>Gym session –(CR)</p> <p>Yoga for athletes max £12.50 per session (max 10)</p>	Walking club (KB)
Non sporting options	<p>Dissection Club (JM) £15 per term</p> <p>Creative Digital Media Club (HW) - IT</p> <p>Lego club (GC)</p>	<p>Eco club (JK)</p> <p>Bush Craft skills (CHo)</p> <p>Textiles club (HC) £5 per term</p>	<p>Junior Art Club (NA)</p> <p>Philosophy club (HL)</p> <p>Tiger Kloof fundraising (JPY/KL)</p>	<p>Photography club (LB)</p> <p>Senior Art club (TA)</p> <p>Outdoor Book Club (KOH)</p>	Round Square club (JH)
Sixth Form run activities					
Production	Music production rehearsals 5.30-8.30pm			Music production rehearsals 5.30-8.30pm	
Prep	CG	MR	LM	CG	tbc
Music practice					

Red – external provider

Autumn 2018 – After School Activities

EVENING ACTIVITIES

Paid Activities	Latin (Week B only) (4.30-6.00pm and 6.30-7.30pm) <i>max of £160 per 6 week block</i>	Dance – Ms Walton 5.30 - 6.00 Year 7/8 Ballet 6.00 - 6.30 Year 7/8 Tap 6.30 - 7.00 Year 7/Modern 7.00 - 7.45 FREESTYLE 7.45 - 8.15 Contemporary	Dance – Ms Walton 5.30 - 6.00 Year 9 Modern 6.00 - 6.30 Year 9 Ballet 6.30 - 6.45 Pointe 6.45 - 7.15 Intermediate Modern 7.15 - 7.45 Grade 8 Ballet 7.45 - 8.15 Grade 6 Ballet Aikido 5.15-7.15pm (Mr Linnane - £3.50 per session)		Tennis coaching 5.30-8.30pm (40 minute sessions in groups of 6). <i>£64 for the Autumn term</i>
OUTDOOR ACTIVITIES (5.30-8.30pm)	Recreational canoeing and kayaking (max 8 students) (PP)	Climbing (max 8 students) (PP+FR) <i>£7 per indoor climbing session.</i>	Windsurfing (4.20-7.30pm) <i>£30 per term</i> (GR)	Recreational Sailing (4.20-7.30pm) (MR) Sailing team training (4.20-7.30pm) (GR)	
EVENING SPORTS Junior Sports (Year 7-9) (7.00-8.15pm)	Open Sports (JH)	Open Sports (CF)	Open Sports (DR) 6 a side football (RH) Year 7-9	Open Sports (tbc)	
Senior Sports (Year 10-13) (8.15-9.30pm)	Open Sports (JH)	Open Sports (CF)	Open Sports (DR) 6 a side football (RH) Year 10-13 (8.00-9.00pm)	Open Sports (tbc)	

SATURDAY SAILING

<ul style="list-style-type: none"> • Elleray Sailing lessons– working towards RYA Levels 1, 2, 3 and 4, 6 places, £35- Mr Monk (up to October half term only) 	<ul style="list-style-type: none"> • Browhead Sailing lessons– working towards RYA Levels 1, 2, 3 and 4, 6 places, £35- Mr Monk (up to October half term only)
9.30-16.00 - School Sailing Team Training (All Team Members), £35 - Mr Rowe - up to October half term only	

Autumn 2018 – After School Activities

- ❖ Year 7, 8 and 9 are required to do a minimum of 3 activities (4.20-5.20pm) a week (excluding prep).
- ❖ Year 10 to 13 are required to do a minimum of 2 activities (4.20-5.20pm) a week (excluding prep).
- ❖ PE Sports assistants will be members of the Sixth Form who will be able to commit to each week and can help oversee the sporting activity, especially if there is a fixture out. They will be able to count this as CAS hours and it can count towards tokens towards trips as explained by Mr Lavender.
- ❖ Music Practice can only be signed up to if Mrs McCallum has granted permission for this.

27.8.18