

WINDERMERE SCHOOL SUMMER COURSES Sailing - Joining Instructions

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VINCINT QUE SE VINCINT · FOUNDED 1863

Founded in 1863, Windermere School is one of the United Kingdom's leading small schools. The school motto Vincit qui se vincit- one conquers, who conquers oneself, exemplifies why we give our students access to world-class opportunities every day. In short, we challenge our pupils to excel in everything that they do.

Dear Parents/Guardians

Thank you very much for supporting Windermere School Holiday Courses.

Windermere School's RYA/Recreational Sailing Courses are designed to provide a safe, caring and supportive environment where children can develop their skills and have fun.

Throughout the course, your child will receive full supervision from our team of qualified instructors. Our staff aim to ensure that all children are safe and content. All we ask is that they participate and enjoy.

We make continual efforts to ensure each child makes the most from their time with us and aim for them to not only find fun and adventure but to also develop personal qualities and make memories and friendships that will stay with them long into the future.

COVID-19: Please do not bring your child to the course if they, or anyone they have been in contact with, develop a temperature, a new continuous cough, loss or change to your sense of smell or taste or display any other symptoms of coronavirus.

Please read this information carefully and note especially the COVID-19 rules we have set in place for the safety of your children and our staff as we start to ease out of lockdown.

Please do not hesitate to contact me at any time by emailing summer@windermereschool.co.uk if you have any questions.

Best wishes for a safe and wonderful week!

John Lightburn Head of Windermere International Summer School and Holiday Programmes

Where to come

Locations:

RYA Sailing/Recreational Courses are taught at Hodge Howe, Windermere School's lakeside watersports centre. Please drop off and collect your child from this location.

Directions:

From the M6 Northbound and Southbound:

- · Leave the M6 at junction 36 and join the A590 towards Kendal
- · Just before Kendal, leave the A590 and join the A591 Kendal by-pass towards Windermere and Kendal.
- Continue into Windermere passing the Windermere Hotel. The Junior School, Elleray Campus is located on the right

hand side, after the traffic lights, but do not stop here.

- For Hodge Howe, continue along the road to the next roundabout take immediate left once you are leaving the roundabout at the stone gateposts marked 'Hodge Howe'. Continue to the bottom of the drive (through the open gate)
- For the Senior School campus at Browhead, turn right at the roundabout onto the A592. The school is on the right, about one mile up.

Course timings

RYA courses: 9.30am to 12.30pm. Recreational Courses: 1.30pm to 4.30pm

For all sailing courses, please drop off your child **15 minutes before the indicated start time** to ensure a prompt start.



What to bring?

The weather in the Lake District can be changeable and may range from warm to cold, dry to wet, often on the same day. Please ensure your child brings a change of warm clothes, spare socks and a dry pair of shoes each day.

It is essential that suitable footwear is worn; wetshoes are ideal but an old pair of trainers that you don't mind getting wet will be fine.

All sailors MUST bring the following, whatever the weather:

- · Fleece jacket
- · Swimwear
- · Sun cream and sunhat
- · A full change of warm, dry clothes
- · Spare socks
- A dry pair of shoes
- · An old towel to use during the course
- · Your own snacks and hot drinks
- · A large plastic or waterproof bag to store everything in

What to expect

Our sailing groups have a maximum ratio of 1 instructor to 6 students.

All students are required to wear a buoyancy aid at all times when on the Lake and must follow the instructions given by the sailing instructors. They may be required to wear additional safety equipment, such as a helmet, if deemed necessary by the Senior Sailing Instructor.

It can be cold out on Lake Windermere. Our sailing instructors will work with the group to ensure all students feel safe, confident and happy on the Lake.

Weather

In the unlikely event that no sailing is possible due to the weather/wind (too much or too little), alternative activities offered will be kayaking or canoeing. In the event that no watersports can take place safely, we will escort the students by school minibus to the Sports Hall at Browhead for alternative activities. In this case you should collect your children from the School Sports Hall (signposted off Patterdale Road).

COVID-19 information

It is imperative that Windermere School complies with all relevant government and RYA guidelines and restrictions. Your co-operation and understanding with the following points is essential to allow us to proceed with the courses.

- 1. To allow for better social distancing, we have restricted the number of students attending the course to 18. There will be 3 instructors each day.
- 2. Access to the Pavilion is permitted for use of toilet facilities only. A mask must be worn when in the Pavilion.
- 3. No parents are permitted in the Pavilion, for collection/drop off, please use the grassed area (maintaining social distancing) or wait in your car.



WE WISH YOU THE MOST WONDERFUL WEEK