

### WINDERMERE SCHOOL FOUNDED 1863

## WINDERMERE SCHOOL SUMMER COURSES Sailing - Joining Instructions

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VINCINT QUE SE VINCINT · FOUNDED 1863

Founded in 1863, Windermere School is one of the United Kingdom's leading small schools. The school motto Vincit qui se vincit- one conquers, who conquers oneself, exemplifies why we give our students access to world-class opportunities every day. In short, we challenge our pupils to excel in everything that they do.

#### Dear Parents/Guardians

Thank you very much for supporting Windermere School Holiday Courses.

Windermere School's RYA/Recreational Sailing Courses are designed to provide a safe, caring and supportive environment where children can develop their skills and have fun.

Throughout the course, your child will receive full supervision from our team of qualified instructors. Our staff aim to ensure that all children are safe and content. All we ask is that they participate and enjoy.

We make continual efforts to ensure each child makes the most from their time with us and aim for them to not only find fun and adventure but to also develop personal qualities and make memories and friendships that will stay with them long into the future.

Please do not hesitate to contact me at any time by emailing summer@windermereschool.co.uk if you have any questions, and I'll be delighted to help.

Best wishes for a safe and wonderful week!

#### John Lightburn

### Where to come

#### Locations:

RYA Sailing Courses are taught at Hodge Howe, Windermere School's lakeside watersports centre. Please drop off and collect your child from this location: Hodge Howe, Windermere LA23 7EZ.

#### Directions:

From the M6 Northbound and Southbound:

- · Leave the M6 at junction 36 and join the A590 towards Kendal
- · Just before Kendal, leave the A590 and join the A591 Kendal by-pass towards Windermere and Kendal.
- Continue into Windermere passing the Windermere Hotel. The Junior School, Elleray Campus is located on the right hand side, after the traffic lights, but do not stop here.
- For Hodge Howe, continue along the road to the next roundabout take immediate left once you are leaving the roundabout at the stone gateposts marked 'Hodge Howe'. Continue to the bottom of the drive (through the open gate)
- For the Senior School campus at Browhead, turn right at the roundabout onto the A592. The school is on the right, about one mile up.

### Course timings

Morning courses: 10am to 1pm Lunch: 1pm to 1.30pm Afternoon courses: 1.30pm to 4.30pm

For all sailing courses, please drop off your child **20 minutes before the indicated start time** to ensure a prompt start.



### What to bring?

The weather in the Lake District can be changeable and may range from warm to cold, dry to wet, often on the same day. Please ensure your child brings a change of warm clothes, spare socks and a dry pair of shoes each day.

It is essential that suitable footwear is worn; wetshoes are ideal but an old pair of trainers that you don't mind getting wet will be fine.

All sailors MUST bring the following, whatever the weather:

- · Fleece jacket
- · Swimwear
- · Sun cream and sunhat
- · A full change of warm, dry clothes
- · Spare socks
- · A dry pair of shoes
- · An old towel to use during the course
- · A large plastic or waterproof bag to store everything in
- Existing log book if a returning student. Please note: a charge of £7 is made if we need to reissue a log book

### What to expect

Our sailing groups have a ratio of 1 instructor to 6 students.

All students are required to wear a buoyancy aid at all times when on the Lake and must follow the instructions given by the sailing instructors. They may be required to wear additional safety equipment, such as a helmet, if deemed necessary by the Senior Sailing Instructor.

It can be cold out on Lake Windermere. Our sailing instructors will work with the group to ensure all students feel safe, confident and happy on the Lake.

Lunch is provided, plus we supply a range of fruit, snacks and hot and cold drinks throughout the day.

### Weather

In the unlikely event that no sailing is possible due to the weather/wind (too much or too little), alternative activities offered will be kayaking or canoeing. In the event that no watersports can take place safely, we will escort the students by school minibus to the Sports Hall at Browhead for alternative activities. In this case you should collect your children from the School Sports Hall (signposted off Patterdale Road).

Your co-operation and understanding with the following points is essential to allow us to proceed with the courses.

- 1. Access to the Pavilion is permitted for use of toilet facilities only.
- 3. No parents are permitted in the changing rooms, for collection/drop off, please use the grassed area whilst waiting for your children.



# WE WISH YOU THE MOST WONDERFUL WEEK