



WINDERMERE
SCHOOL
FOUNDED 1863

IMMERSION HANDBOOK

2023-24

1. WELCOME



A visit to Windermere School or a look at our website tells you this is a very special place indeed. Our stunning location has been the inspiration for world-famous artists, poets, and authors, a sanctuary and the antidote to congested city life, a fascination to scientists, a home for adventurers as well as part of the masterpiece of human creative genius that affords us World Heritage status. It is a daily inspiration to every one of us fortunate enough to call it our school. Schools are what we build together and the Windermere community is as special as the place itself.

Every child is different, talented, and special and every child matters. Here their differences are respected, their talents developed and their individuality encouraged. Our staff are dedicated to bringing out the very best in everyone and our examination results, university destinations, and the confidence of our pupils' bear testimony to this commitment. The beauty of our location, expertise of our staff, and wealth of facilities are enhanced by our size.

Windermere is a deliberately small school. Pupils are known and cherished for who they are, every family is a vital part of our community and the voices of everyone are heard. Our classes are small, our pupils are happy, our education is bespoke and the results are stunning.

Our pupils are encouraged to have the confidence and resilience to stand up for what is right and a desire to reach out to others. This balance of confidence and compassion is not on any syllabus, yet it is central to everything we do.

It is a rare privilege to be part of a school with Windermere's history and potential and I am delighted to welcome you and your family to our school family.

Hopefully this information will answer many of your questions as you join us, but if you require any further information, then do not hesitate to contact us.

Frank Thompson

Head of Windermere School

2. PASTORAL CARE



Mrs Sue Brown is our Head of Safeguarding & Wellbeing and is a trained nurse, specialising in intensive and coronary care.

Mrs Brown is our Designated Safeguarding Lead (DSL) and manages a team of other DSL's and those trained in Advanced Safeguarding.

All staff in the school have a special responsibility for child protection, and our trained DSLs are highlighted on posters around the school so children are aware of exactly who they are and who they can go to at all times.

Heads of Section



Mr Simon Rowe
Lower School



Mrs Deborah Dalzell
Middle School



Mrs Elizabeth Murphy
Sixth Form

The Heads of Section oversee the pastoral work of the tutor team and support individual pupils with all aspects of school life.

Mr Rowe is a Science Teacher and the Head of Lower School, looking after Years 7 to 9 and overseeing the transition process from our Junior School, Elleray. He has worked at Windermere School for 10 years, since returning to the UK from teaching in Tanzania. He has a love of the outdoors and is keen to get involved in the Adventure Programme wherever possible. In particular, he is a keen fell runner and takes the Cross-Country Club out all year round, no matter the weather!

Mrs Dalzell has been working at Windermere for “many, many years!”, both in her capacity as Languages’ teacher and pastoral leader. Both her boys went through school and she was the Housemistress of the girls’ boarding house, Browhead, for several years. She describes Windermere as being in her blood!

Mrs Murphy completes the team, working with pupils in the all-important Sixth Form years. She teaches English and also coordinates the International Baccalaureate Diploma Programme. She has various experience working with secondary school pupils, including teaching in Europe for a number of years. She is an advocate for international education and is passionate about all things IB!

3. SAFEGUARDING & WELLBEING

Online Safety

Navigating the ever-changing world of online safety is a constant challenge and to support both parents, pupils and staff, Windermere School has invested in the [National Online Safety platform](#), an award-winning provider of online safety e-learning. The platform gives access to many different courses and resources and parents will receive a link in due course which will allow them to register and engage with the service.

Wellbeing Room

Our Wellbeing Room is situated in the heart of the school, and has glorious view of the Lake District country side. It not only houses the Head of Safeguarding & Wellbeing, but has the School Nurse close by, ensuring that there is always help at hand. When necessary, the Wellbeing Room is made a private space so the pupils feel safe to talk about whatever is worrying them.

The Wellbeing Room is a peaceful place within the school where pupils can come and take some time out, pause and reflect. Pupils might come with a friend just to have some quiet time during breaks in lessons, but the space is also used for pupil support from both inside the school, and out.



Mrs Rachel Ambler-Sergeant is a qualified nurse, having been a paediatric nurse for 12 years, including working at the world-famous Great Ormond Street in London. Mrs Ambler opens the medical room on Tuesday, Wednesdays and Thursday and is able to assist and support any child who is not feeling well or talk through longer term health conditions or concerns.

As a parent to three young children, Mrs Ambler-Sergeant understands the importance of supporting pupils through all of their health care needs in and around the education setting. She demonstrates professional yet empathetic care to all and is an eloquent advocate for the children at Windermere School.

Parents can contact Mrs Ambler-Sergeant for advice for their child rambler@windermereschool.co.uk.

Minor injuries and feeling unwell

The School Nurse is located on the main Senior School corridor and works Tuesday - Thursday 08.30-16.00. Outside these times, please go to Reception so you can be directed toward the most appropriate person.

First Aid

If you have an accident or witness one, keep calm and inform the nearest member of staff. The member of staff will contact the main office who will identify where the nearest first aid kit is and send a first aider to the location. The school has defibrillators and asthma kits if required.

Medicines

All medicines, whenever they are brought into school must be declared to the School Nurse or if a boarder arriving when the medical centre is closed, the Houseparent. Dependent on your age and type of medication, a decision will be made if it needs handing in and dispensed to you, or if you can take it yourself.

4. COMMUNICATION

Parent App

The SIMS Parent App is a hub for communication from the school including letters, reports and information about activities. When a student starts at Windermere School, an email is automatically sent to parents to register for the App from noreply@sims.co.uk. The email will contain instructions on how to download and how to use the Parents' App. If you do not receive a message, please check your spam folders. If you do not receive the link, please inform your child's tutor, who can organise for the link to be resent.

School Calendar (SOCS)

The [school calendar](#) is a live document that parents can use to see upcoming school events. A team of staff review the calendar each week and we do our very best to keep it up to date and accurate.

Whole School Newsletter

A whole school newsletter is published every other Friday during term time. This is the perfect place for finding our latest school stories, checking dates for upcoming events and learning of our success.

Timings of the School Day

Registration or Reflection	08.25 - 08.45
Period 1	08.45 - 09.40
Period 2	09.45 - 10.40
Morning Break	10.40 - 11.00
Period 3	11.00 - 11.55
Period 4	12.00 - 12.55
Period 4a - <i>Sixth Form Only</i>	12.55 - 13.20
Lunch Break	12.55 - 13.55
Registration	13.55 - 14.05
Period 5	14.10 - 15.05
Period 6	15.10 - 16.05
Afternoon Break	16.05 - 16.20
Activity Session	16.20 - 17.20
Buses Depart	17.30

5. ACADEMIC LEARNING

Deputy Head Academic

Mrs Lynn Moses leads on all the Teaching and Learning at Windermere School. She teaches Mathematics and is an International Baccalaureate Examiner. She has been at the school since 2010 and has held a number of senior positions including Head of Sixth Form and IB Coordinator, Director of Student Pathways, Deputy Head Pastoral and is a Designated Safeguarding Lead. Prior to joining Windermere School, she taught in international schools in Thailand and Spain, and state schools in the UK. Two of her children successfully completed their GCSEs and IB Diploma at Windermere School.

Academic Challenge

At Windermere School we believe pupils should strive to do their best in every aspect of life. We encourage hard work and self-belief by inspiring and challenging them to learn about their strengths and weaknesses in a variety of settings. With time and practice they will grow and develop, discovering more about themselves, and improving their knowledge and skills.

Expectation

It is each pupil's responsibility to come suitably prepared for every lesson or activity. This means coming to school mentally prepared, being attentive and engaged in the lesson or activity, and endeavouring to complete each task set to the best of their ability. This also includes completing any background reading or prep on time, being punctual and arriving appropriately equipped or dressed for the relevant experience. Every pupil starts each year by agreeing to a clear set of School Expectations which helps create an effective teaching and learning environment, where everyone has the opportunity to feel safe and thrive.

Prep

The amount of prep a pupil will be given will vary by age and subject. Pupils will have compulsory prep in several subjects each evening, as well as optional enrichment tasks in other subjects. In Year 7-9, a pupil will be expected to do one to two 25-minute preps each weekday evening, plus recommended reading or optional enrichment activities. Older pupils will be expected to spend more time engaging in ability-related preps and assignments, especially within exam-based subjects. Each individual is expected to do this to the best of their ability, and take time and care over their work.

A range of extension opportunities and activities are also available to self-select within the Sharpe Programme Team. For pupils not involved in afterschool activities, who take the school bus home or cannot be collected at 4.10pm, we provide a prep session between 4.20pm and 5.20pm. Additional prep time is available for boarders in the boarding houses, as it is for day pupils at home. If you have a problem with your prep, please talk to your teacher or tutor.

MySatchel (SMHW)/ManageBac and Teams

Pupils must take full responsibility for their own prep and learning beyond the classroom, although support and guidance is still always available. Compulsory prep tasks, optional enrichment activities and assessments are recorded by the teacher on MySatchel (SMHW) for Year 7-11 and ManageBac for Year 12-13. Many teachers also make use of the Class Notebook within Teams to share resources. Regular and full use of these platforms help pupils effectively manage and balance their workload.

6. UNIFORM

Uniform expectations for all pupils (including Sixth Form):

Please make sure everything is named

- Outdoor Trainers
- Swimming Costume
- Towel
- Waterproof Jacket with Hood
- Waterproof Trousers
- Large bag to hold watersports kit and plastic bag for wet items
- Items like Tennis racquets can be borrowed.
- Walking Boots
- Bedroom Slippers
- Towels
- Pyjamas/Nighties
- Dressing Gown
- Underwear Sufficient for one week
- Casual Outfits (all items to be named)
- Toiletries
- Tissues/Handkerchiefs
- Hair Brush/Comb
- School Bag
- Outdoor Coat

Girls

- Current School Uniform (or whatever you wear for School)
- We will also accept a plain skirt or trousers (not jeans) and a plain shirt
- Flat black leather shoes
- White Ankle Socks (if wearing a skirt)

Boys

- Current School uniform (or whatever you wear for School)
- We will also accept a plain shirt and trousers
- Flat black leather shoes
- Grey/black socks

Bedding is provided (but if you want your own single duvet cover/pillowcases, that's okay)

It is possible to borrow some second-hand uniform, if we have the correct sizes in stock. Please let us know the measurements if you would like to arrange this.

For Year 12 and Year 13 the uniform requirement is smart business dress.

- While pupils wear the Windermere School uniform (be that in or out of school) it should be worn properly and with pride, ties and shoe laces done up, shirts tucked in, etc.
- Pupils are expected to both arrive and leave school wearing uniform, including their blazer, unless special arrangements have previously been made.
- Sports kit, waterproofs and wellies are required to be in school every day. We recommend taking them home at the weekends if you wish to wash them.
- All uniform and equipment must be named.
- Any pupil may be sent to change if their dress is deemed inappropriate.

7. JEWELLERY, HAIR & MAKE UP

Jewellery:

- All jewellery should be appropriate to a formal working environment
- Jewellery may include up to
- 3 pairs of earrings (studs or small hoops only). No other piercings are permitted
- 2 bracelets
- 2 rings
- 1 short necklace

Hair:

- Boys should either be cleanly shaved or have a well-groomed beard
- Hair should be professional and tidy, clean and groomed
- Two tone, unnatural or extreme colours are not permitted (no bleach blonde or black)
- Warm colours, are acceptable
- Longer hair must be tied up when required in practical subjects

Nails:

- Acrylic nails are not permitted
- Nude colour nail varnish (non-chipped) is permitted in Years 7-11

Make Up and Tattoos:

- Foundation and concealer are permitted for all pupils
- Natural looking make-up which includes brown mascara is permitted in Middle School
- No visible tattoos are permitted

8. MOUTHGUARDS

With over 25 years' experience, OPRO are market leaders in knowing what makes a mouthguard offer the best protection for your child.

To order a custom 'Windermere' design, or choose you own from the range, please visit the [OPRO website](#) and use the discount code WINDERMERE10 to receive 10% off.

Visit the [OPRO website](#) to design and order your bespoke Instant Custom-Fit mouthguard and choose your protection level.

OPRO will then manufacture your chosen design and send your Instant- Custom-Fit mouthguard to your home address.

Mould your Instant Custom-Fit mouthguard instantly with our easy use Compression Cage.

9. ADVENTURE KIT LIST

Year 7 - Arrive in Adventure clothing (see below) but must have their uniform with them for afternoon lessons.

Years 8 & 9 - Arrive in uniform for morning lessons and be ready for the Adventure lesson at 13:30, having had lunch, in Adventure clothing.

Years 10 11 - Must have waterproofs and suitable clothing for the activities they choose, including Adventure clothing where applicable.

Please note that many of the items required for Adventure are the same as PE (indicated PE) and apply to all year groups.

Land Based Adventure Kit:

- Sky crested fitness t-shirt* (PE)
- Navy crested training pants or Navy crested PE shorts (PE)*
- Navy crested Midlayer* (PE)
- Navy crested softshell* (PE)
- Sky Baselayer*

- Waterproof jacket - taped seams and integral hood (not a roll up hood)
- Waterproof trousers - taped seams
- Walking boots/Walking trainers (not sports trainers)
- Wellington boots (caving – School has plenty in the store if needed)
- Walking socks
- Small rucksack
- Cap and sun cream - at least SPF 30
- Hat and gloves
- Water bottle

*Items marked with a * must be ordered from School Blazer*

Water Based Adventure Kit:

- Wetsuit - long sleeved (not shortie wetsuit)
- Swimming costume (for under wetsuit)
- Wet boots or old trainers (NOT wet shoes)
- Towel
- Water bottle
- Cap and sunscreen- at least SPF 30
- Hat and gloves (if cold)
- Glasses retainer band if your child needs to wear glasses
- Dry bag - rucksack style is useful

Notes on equipment

The flimsy wet shoes which are often sold as ideal for watersports do not protect children's feet on stony ground or from things being accidentally dropped. Old trainers or sturdy wet boots with a proper sole are a much better choice both for Hodge Howe activities and ghyll scrambling.

10. EQUIPMENT LIST

Stationery:

- Black and/or blue pens for writing
- A few coloured writing pens (e.g. purple, red, green, etc)
- Coloured pencils
- HB pencils
- 30cm ruler
- Eraser
- A pencil sharpener
- A highlighter pen
- A glue stick
- Scissors that are safe for school

Maths:

- Protractor
- A pair of compasses.
- Calculator (see next page)

11. LAPTOPS

We require all pupils in Year 3 and above to have a laptop that they can bring to school on a daily basis. We appreciate that many parents have already purchased devices, but for families who will need to purchase a device, the information below shows both our requirements;

- We recommend that Chromebooks are not purchased as we have found they do not work well on the school system.
- The laptop must have a keyboard, a tablet is not sufficient for school.
- 8GB or more memory
- 120Gb or more available on the hard disk
- Window laptops are preferred - Windows 11
- If you wish to use an Apple machine, please ensure your child knows how to use the operating system.
- Anti-Virus Software eg. Norton or Sophos is essential

Alongside the laptop itself, it is important that pupils have:

- Headphones.
- A laptop case that will protect their laptop from being bumped.
- Decent insurance to cover damage and breakages.
- An additional extra that some students may like to consider is a power pack so they can boost the battery life of their laptop.
- It is worth mentioning that 5 copies of Microsoft Office are free for each student when they enrol at Windermere School, so there is no need to purchase Microsoft Office when you are buying a laptop.

12. SCHOOL EXPECTATIONS

We ask each pupil at Windermere School to promise:

- To show respect and courtesy to all members of the school community
- To never intentionally harm or bully another person
- To wear their uniform in a well-presented fashion
- To attend school and be punctual
- To respect the privacy, opinions and beliefs of others
- To uphold the good name and reputation of the school through my behaviour
- To act as a role model for younger students
- Not to make any public displays of affection
- Not to bring into school or use energy drinks, cigarettes, vaping, alcohol or drugs
- Not to use any item of technology in an inappropriate or offensive way

Windermere School pupils are expected to show consideration and respect for others, have good manners and behave sensibly and creditably at all times. Personal dignity and harmonious life in a community depend on these essential values.

Each pupil will be required to discuss the school expectations in a tutorial at the start of the academic year. These expectations are age specific and once their tutor is satisfied that each pupil understand show they are expected to behave, they will be asked to sign to acknowledge their role in ensuring the smooth running of the community.

It is a condition of admission that pupils and parents sign and return a copy to indicate their acceptance of the Windermere School rules.

Full details of the expectations and sanctions of Windermere School are within the school Behaviour Handbook and Policies which is available on the school website.

13. USE OF DEVICES IN SCHOOL

We define 'devices' as any item that can be used to access the internet. This ever-growing list includes mobile phones, laptops, I-pads, 'dongles', Game Console, Desk top computers, Smart Watches and Routers. The school recognises both the benefits and the challenges presented by modern technology for the education of pupils.

Online Safety

Windermere School has an Acceptable Use Policy (AUP) which is available on the school website. As part of this, WI-FI is filtered and monitored in line with our duty to protect students from harm and to prevent access to inappropriate content. A report is sent to the DSL of any concerns identified in this monitoring. Pupils at Windermere School are education on how to use the Internet safely. We do not allow boarders to use a private VPN as in doing so, they are able to avoid the monitoring and filtering systems.

The school has an Online Safety Policy available on the school website and in school and all pupils are expected to read the 'Acceptable Use Policy' annually and sign a declaration confirming that this has been accepted by the pupil. The existence of digital equipment in any environment raises issues of security and personal responsibility, not only in terms of its appropriate use but also for its safe keeping. In this context the school does not accept responsibility for, nor is it insured against the theft, loss or damage of any pupil's personal property, including electronic devices.

Mobile Phone Policy

During the school day, mobile phones should be switched to silent and kept out of view (not Seen, not Heard). As an exception, pupils may use their phones during the school lunch hour in the following designated supervised areas:

- Lower School - Langdale Common Room
- Middle School - IT Room
- Sixth Form - Westmorland House and Study Centre

If the mobile phone or device is seen or heard during the school day out of these designated areas, the item will be confiscated and passed to the Head of Section. For the first incident, the phone will be returned at the end of the school day. Further incidents will result in an appropriate sanction.

Headphones & Earbuds

Pupils are not permitted to walk around the school site wearing headphones or earbuds. During lessons it is to the decision and discretion of the individual teacher if they wish to allow pupils to listen to music whilst studying.

14. EQUALITY & DIVERSITY

Windermere School is a wonderful diverse community of different beliefs, backgrounds and cultures. Individuals are encouraged to recognise the benefits this brings to enriching the life of the school.

Members of the community value each other, respect individuality and treat one another fairly and with kindness.

We respect and do not discriminate on the grounds of protected characteristics which are defined in the Equality Act (2010). These include:

- Age
- Disability
- Gender reassignment
- Marriage and civil partnership
- Pregnancy and maternity
- Race
- Religion or belief
- Sex
- Sexual orientation

The school has an Equality, Diversity and Inclusion committee, the work of which is overseen by the Head.

15. SIXTH FORM



How many children really know at the age of 15 or 16 what they want to spend the rest of their lives doing? And yet, in the UK at that age they are often asked to reduce their study options down to 3 or 4 subjects.

The International Baccalaureate School Programme (IB) is an internationally recognised qualification for students aged 16 to 18 years taking the place of other qualifications in England, such as A-Levels. The IB curriculum is ideal preparation for the life that waits beyond the school gates be that higher education, an apprenticeship, or the workplace. The IB is highly regarded by universities and employers across the globe. Universities are now actively seeking IB graduates as they are better prepared for university study and adjust better to university life, while employers are recognising IB pupils as having the necessary skill set and character traits to grow and develop in a healthy and happy way.

- Mrs Elizabeth Murphy, Head of Sixth Form

Academic Pathways

Windermere School creates a Sixth Form environment that supports the learning of all our students. The Sixth Form is not academically selective and we aim to help pupils find the pathway most suitable for their ambitions. Within each pathway, different courses exist, and choosing the right course of study is critical to eventual success. We believe it is essential that students have access to high quality careers advice and have the opportunity to explore an extensive range of career options. We are committed to finding what is right for each student. At Windermere School, we offer four pathways through Sixth Form:

- International Baccalaureate Diploma Programme (IBDP)
- International Baccalaureate Career-related Programme (IBCP), incorporating BTEC
- Standalone Individual IB Subjects (Diploma Courses)
- Standalone BTEC

The Round Square and IB philosophy are infused within each pathway to help develop each individual into a well-rounded, independent learner, able to enter a competitive workplace, or further study, following Sixth Form. For full information on the courses, we offer in the Sixth Form, please see the Sixth Form Prospectus for more information.



Saturday Study

We run Saturday Study sessions in Westmorland House and the Study Centre from 9:30 - 12:00 to support students with work and keep on track with IB submissions. This is a compulsory session and takes priority over activities. The student, tutor and parent will be informed of this arrangement, along with details of the work that needs to be completed.

Sixth Form Adventure

Developing from the Lower and Middle School Adventure programme, students in the Sixth Form can undertake Adventure every week as part of their CAS programme. Students are offered a programme of activities they can sign up to at the beginning of the year. Now that students are 16 and over, we are able to also offer training to allow awards to be gained. Students in the Sixth Form who have gained the Powerboat award and then assist the Outdoor staff with events. There is potential to gain the RYA Dinghy Instructor (DI) award and training during CAS can give the skills for this, though the DI training and qualification needs to be undertaken externally.

Students have been taught to sail our 707 yacht independently this year an opportunity available each year, potentially allowing students to race the yacht at weekend events. Students have been to Kendal Climbing Wall and received training so they can go there independently at weekends/evenings.

16. ADVENTURE

The benefits of Outdoor Education are so varied and wide ranging from developing confidence, independence, communication skills, resilience and mindset in your young people. These skills are the reason we are so passionate about our Adventure programme and why we ensure it is a central part of the curriculum for all year groups.

The technical skills learned in Adventure develop all the personal attributes mentioned above, and our students have the opportunity through their Adventure lessons, after school clubs and trips away to become extremely talented in a number of disciplines, both land and water based. You may see other schools advertising that their pupils have been on a sailing or climbing activity but through consistency our students become extremely competent, and at a young age.

Programme and information to pupils

For parents who have moved up from Junior School and are used to regular correspondence, there is less sent to our Senior School families, apart from when pupils enrol in DofE (Year 9 up) and any residential opportunity. This is because we are aiming to develop independence for our pupils; the programme, kit list, times and any changes will all be posted in Teams. Every child will be added to the Year Group Team and in the 'Files' section will be their programme and kit list. Your child's tutor is in the Team group, so they can assist as well.

Example of Autumn programme for Years 7-9:

Year 7 Adventure Programme - Thursday Week B (08:45 to 12:30)			
Date	Group 1	Group 2	Group 3
7 Sep	Hodge Howe	Hodge Howe	Hodge Howe
21 – 23 Sept	Year 7 residential to Wasdale Youth Hostel		
5 Oct	Hodge Howe	Hodge Howe	Hodge Howe
Half term			

Year 8 Adventure Programme - Tuesday Week B (13:30 to 17:00)				
Date	Group 1	Group 2	Group 3	Group 4
5 Sep	Hodge Howe	Hodge Howe	Ghyll	Ghyll
18 - 20 Sept	Year 8 residential to Borrowdale Youth Hostel			
3 Oct	Ghyll	Ghyll	Hodge Howe	Hodge Howe
Half term				

Adventure Programme - Tuesday (Week A) 13:				
Date	Group 1	Group 2	Group 3	Group 4
12 Sep	Climb	Sail	Windsurf	Climb
26 Sep	Windsurf	Climb	Sail	Sail
10 Oct	Sail	Windsurf	Climb	Windsurf
Half term				

Middle School Adventure (Years 10 and 11)

We have thoroughly developed the Year 10 and 11 Adventure Programme for the start of the next academic year. Previously pupils undertook Adventure every six weeks and this was part of a rotation with PE and Service. We would like to further develop the outdoor adventure skills for our Middle School pupils, and rather than offer a broad programme of Adventure as pupils experienced in Years 3 to 9, we are offering the pupils the opportunity to specialise in Adventure activities with an increased ratio.

Pupils will be able to undertake Adventure every other week throughout Years 10 and 11, with Year 11 finishing at Easter in preparation for exams. There will still be a Service programme managed by Mrs Holmes and PE, as previously, is every two weeks. At the beginning of the school year pupils will be asked to complete a Form to allow a bespoke programme for the academic year to be created. Every pupil must choose a Service element and an Adventure element, but for those that love Adventure they can certainly undertake an exciting programme developing their skills.

As parents, can I ask you to encourage your child to continue with Adventure programme so they continue to access the benefits described earlier in this letter as they head towards those important GCSE and IB years.

Activities offered throughout the year:

- Rock climbing and/ or scrambling
- Sailing
- Mountain biking
- Fell running
- Caving - potentially an introduction to vertical caving
- Windsurfing
- Kayaking and canoeing
- For new students a broad spectrum of activities
- Orienteering and navigation
- Wellbeing walks - a great opportunity to get out of the classroom, walk and chat - maybe a brew too!

Evening Adventure

The adventure team also offer evening adventure from 17.30-20.00. Places are limited. The activities change each term. An example of the summer programme is below, this is usually repeated in the Autumn term:

Monday	Tuesday	Wednesdays	Thursday	Friday	Saturday
5:30 to 8pm	5:30 to 8:30pm	5:30 to 8pm	5:30 to 8pm	5:30 to 8pm	
Watersports (9)	Climbing (12)	Windsurfing (6)	Recreational sailing (12)	Race sailing (Senior School)	Sailing at Hodge Howe
Race sailing (Junior School)			Race Sailing (Senior School)		Sailing at Hodge Howe

There are no costs for the majority of these activities, however, it is important that pupils turn up to the activities they are signed up to. If pupils miss the activities and do not contact the leading member of staff member their place will be offered to others wishing to take part.

Booking places will be managed in school at the beginning of term. Race sailing has a charge and is managed by Mr Brooks.

17. SPORTS TEAMS

Windermere School runs a number of different sports teams during the year, supporting everyone to be involved by encouraging participation while pursuing excellence. Our teams include;

Core Sports - Autumn and Spring:

- Hockey
- Netball
- Football

Core Sports - Summer:

- Cricket
- Athletics
- Tennis
- Rounders

Other sport teams:

- Cross-Country
- Basketball
- Badminton
- Table Tennis
- Equestrian
- Ski Team (Inc. Inter Schools Championships)

We are involved in fixtures in all these activities throughout the year, including entry into the National competitions and friendlies. We also have House competitions in core sports, culminating in Sports Day at the end of the Summer Term.

18. CAS & SL

SL stands for **Service Learning**

Service Learning provides Year 12 CP pupils with the opportunity to make a meaningful contribution to your community and society. The purpose is to contribute to society by improving the lives of people or assisting the environment or animals. A minimum of 50 hours is expected to be devoted to Service Learning.

CAS stands for **Creativity, Activity and Service**

Creativity - exploring and extending ideas leading to an original or interpretive product or performance.

Activity - physical exertion contributing to a healthy lifestyle

Service - collaborative and reciprocal engagement with the community in response to an authentic need.

CAS starts in Year 10, where pupils are given the opportunity to sign up to different experiences for the year. Including carrying on with Adventure, for example climbing, sailing and mountain biking. There are other service opportunities to develop projects with local charities, such as working on projects with YHA, gardening on Windermere, working at primary schools. We are hoping to develop opportunities to upcycle clothes, opportunities for boat maintenance and possibility of working with animals.

These opportunities continue into Year 11 and then in Years 12 and 13, IB pupils are required to undertake 18 months of a variety of CAS and SL experiences, which they organise themselves. They are required to record reflections after the experiences to think about what they have learned, and developed about the experience and themselves. Below are some questions they are asked to think about for their reflections.



CAS and SL is organised by Mrs Holmes. For further detail please contact:
cholmes@windermerschool.co.uk.

19. AFTER SCHOOL ACTIVITIES

After school activities are available from Monday to Friday 4.20-5.20pm. There are a range of options with sport most days and then other activities offered by staff depending on skills and interests. The activity timetable comes out at the beginning of each term as well as after half term in October. Pupils are sent this timetable and then sign up with their tutors during the first tutor session when they return from the holidays.

- Year 7, 8 and 9 are encouraged to do a minimum of 3 activities (4.20-5.20pm) a week
- Year 10 to 13 are encouraged to do a minimum of 2 activities (4.20-5.20pm) a week

This is negotiable with tutors and takes into account some of the other activities a pupil does outside of school.

Once pupils sign up for an activity, they are expected to commit and must inform staff directly if they are not able to attend. Staff spend time and energy planning and running these sessions. Each afternoon pupils confirm with their tutor which activity they are taking part in and if circumstances change during the afternoon, they need to inform staff or if signing out to go home, then they need to do this through reception. Pupils are not permitted to sit in the locker room after lessons and need to sign into prep until their transport has arrived.

If pupils sign out at 4.05pm once academic lessons are finished, they should not be coming back onto school site.

